

# MANAGING UPWAR

"The best way to not feel hopeless is to get up and do something." - Barack Obama

Managing Up is an essential and often overlooked skill for successful leadership. In this course, you'll learn how to leverage your skills to develop positive relationships that move projects forward. You'll gain new insights into communication strategies and practice building trust with supervisors and peers. You'll also work on practical strategies for dealing with difficult situations and how to voice your ideas effectively. Overall, this course will give you the tools you need to confidently navigate organizational dynamics and increase your professional success.

## **Key Course Content:**

- Use a managing upwards toolkit.
- Use group time management tips.
- Discover why managing upwards fails.
- Motivate others to complete delegated tasks.
- Understand the power of recognition and feedback.
- Communicate expectations and time frames.
- Improve current levels of team competency and trust.
- Get beyond "No" and/or "I haven't got time".
- Understand the games "task avoiders" play to avoid the • task.
- Use counter measures to ensure the task is completed.
- Agree on action plans with people you report to.
- Aim for seamlessness to reduce workflow.



#### Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



#### **Duration:**

This course is available as a 1-day course or a truncated half-day course.



## **Delivery:**

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



#### O Group Size:

We recommend a group size of 4-10 people.

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