



CRITICAL THINKING

"The essence of the independent mind lies not in what it thinks, but in how it thinks." - Christopher Hitchens

This training course is designed to introduce participants to the concepts and tools of critical thinking. Attendees will explore how to identify and assess information to reach well-reasoned conclusions, analyse arguments, and effectively communicate their ideas. Exercises and group discussions are used to develop critical thinking skills that can be applied to your workplace and individually. Throughout the course, we will also discuss strategies for resisting cognitive biases and exercising creative problem-solving. By the end of the session, participants will have learned to constructively evaluate information and make sound decisions.

Key Course Content:

- Identify and evaluate arguments
- Develop creative solutions to problems
- Analyze ideas and make reasoned decisions
- Recognize underlying assumptions and implications
- Articulate clear and persuasive arguments
- Assess the quality of an argument
- Analyse and evaluate arguments
- Understand logical fallacies
- Identify bias in claims or premises
- Gauge the relevance of a variety of sources
- Deduce logical consequences from statements or data
- Identify relevant facts and distinguish them from opinions



Target Audience:

The course can be tailored for the specific cohort whether it be the senior leadership team, or another group of managers/team leaders.



Duration:

This course is available as a 1-day course or a truncated 1/2-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.