



PREFERRED TRAINING
NETWORKS



RURAL OCCUPATIONAL VIOLENCE AND AGGRESSION TRAINING

"An ounce of prevention is worth a pound of cure." – Benjamin Franklin

Working in rural areas presents unique safety challenges, especially during domestic visits. The increased presence of licensed firearms, tools that can be used as weapons, and isolated locations heighten the risks faced by professionals. This practical and engaging workshop equips participants with the tools to stay safe, recognise potential threats, and respond effectively to occupational violence in rural parts of Australia. Designed with real-world scenarios in mind, this course empowers participants to proactively minimise risks, establish clear boundaries, and confidently handle volatile situations while maintaining professional integrity.

Key Course Content:

- Setting and communicating boundaries
- Safe exiting strategies: Do's and Don'ts
- Responding to random acts of violence
- Mastering response techniques
- Gain insights into handling unpredictable aggression
- Understanding triggers of violence
- Cultural sensitivity and conflict management
- Effective communication during threats
- Mental health awareness in violent encounters
- Responding empathetically without compromising safety.
- Legal and ethical considerations in violent situations



Target Audience:

Managers and Staff



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.



Get a Quick Quote:

Let us know if you would like an obligation free quote for your organisation.

GET IN TOUCH: 📞 1300 323 752 | ✉ Deborah: ddear@preftrain.com | 💻 preftrain.com