



PREFERRED TRAINING
NETWORKS



PSYCHOLOGICAL SAFETY AT WORK

"When people feel psychologically safe, they are more likely to contribute, challenge, and collaborate." – Amy Edmondson

This workshop is designed to build the skills and confidence needed to foster psychological safety at work. Leaders habitually overestimate the degree of psychological safety within their organisation. Maybe staff are reluctant raise the matter. Participants will explore how to create environments where staff feel safe to speak up, take risks, and share ideas without fear of judgment or retribution. Tailored for Australian organisations, this practical program promotes inclusive communication, respectful leadership, and stronger team culture.

Key Course Content:

- Build trust through open communication
- Understand the cost of silence at work
- Promote respectful and inclusive dialogue
- Learn how to raise tough issues
- Recognise fear-based team behaviours
- Strengthen team bonds and collaboration
- Develop habits that encourage speaking up
- Explore leadership's role in psychological safety
- Practice tools for everyday team wellbeing
- Shift from blame to curiosity and learning



Target Audience:

Managers and Leaders



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.



Get a Quick Quote:

Let us know if you would like an obligation free quote for your organisation.

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