



PREFERRED TRAINING  
NETWORKS



# WORKPLACE BULLYING AWARENESS

*"Strong people stand up for themselves. Stronger people stand up for others." - Chris Gardner*

**B**uild a safer, more respectful workplace with our tailored Workplace Bullying Awareness program. This in-house workshop helps your team across Australia develop practical skills to recognise, prevent and address bullying behaviours. Participants will explore real-world scenarios, legal obligations, and proactive strategies to create safer, healthier workplaces. This Workplace Bullying Awareness training program is available nationwide and can be tailored to suit your organisation's needs. Help your team build confidence and foster a culture of respect.

## Key Course Content:

- Define bullying and distinguish it from fair workplace feedback.
- Spot early signs of bullying behaviours at work.
- Understand the impact of bullying on staff and culture.
- Know legal rights and responsibilities around bullying.
- Learn safe strategies to respond to bullying behaviour.
- Follow correct processes for reporting bullying cases.
- Build skills to support a respectful workplace culture.
- Recognise leadership's role in preventing bullying.
- Promote psychological safety within diverse teams.
- Take personal actions to reduce workplace bullying.



### Target Audience:

Managers and Leaders



### Duration:

This course is available as a 1-day course or a truncated half-day course.



### Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



### Group Size:

We recommend a group size of 4-10 people.



### Get a Quick Quote:

Let us know if you would like an obligation free quote for your organisation.

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