



PREFERRED TRAINING
NETWORKS



UNCONSCIOUS BIAS TRAINING COURSE

"The eye sees only what the mind is prepared to comprehend." – Robertson Davies

This in-house Unconscious Bias workshop helps teams across Australia recognise and address hidden biases that can impact decisions and interactions. The program is tailored to your workplace. People are unaware of their unconscious biases. Ironically, if they were conscious, then they wouldn't be unconscious. An unconscious bias is a hidden attitude or stereotype that affects how we think, act, and make decisions. A bias can be an unfair or uneven preference, based on assumptions rather than facts. These biases influence our behaviour in the workplace, from hiring decisions to everyday interactions.

Key Course Content:

- Identify how unconscious bias influences decisions
- Understand the origins of hidden personal biases
- Recognise bias in workplace interactions
- Explore bias in hiring and team dynamics
- Learn strategies to reduce biased thinking
- Map the origin of biases from evolution
- Develop inclusive communication techniques
- Build emotional intelligence to counter bias
- Apply bias-reduction tools in daily tasks
- Challenge assumptions in a respectful way
- Support a fair and diverse work environment



Target Audience:

Managers Leaders & Staff. Training can be conducted per cohort or "all in".



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.



Get a Quick Quote:

Let us know if you would like an obligation free quote for your organisation.

GET IN TOUCH: ☎ 1300 323 752 | ✉ Deborah: ddear@preftrain.com | 💻 preftrain.com